



Why Choose AFC Urgent Care Instead of the ER?

Urgent care is distinct from emergency care. Urgent care centers are same-day clinics that address a range of medical issues requiring immediate attention, though they are not classified as emergencies. Urgent care is also significantly cheaper than typical emergency rooms. Urgent care also helps alleviate pressure on emergency rooms, reserving them for the most critical cases.



NEW 2026 HOURS!
Mon-Sat 8:00am-8:00pm
Tomball & Antoine
Sun 8:00am-5:00pm
Spring Cypress location will
remain the same
Sun 8:00am-8:00pm.



Thyroid Awareness Month

As we observe Thyroid Awareness Month this January, our team wants to remind you that your thyroid, a tiny butterfly-shaped gland, plays a massive role in regulating your energy, metabolism, and mood. Thyroid conditions are incredibly common, yet symptoms like persistent fatigue, sudden weight changes, or "brain fog" are often overlooked or attributed to stress. A simple blood test is often all it takes to ensure your thyroid levels are where they should be. If you haven't felt like yourself lately, we encourage you to reach out to us and schedule a wellness check; together, we can ensure your body's "master controller" is working exactly as it should.

Maternal Health Awareness Month

While routine prenatal visits are the foundation of a healthy pregnancy, we know that health concerns don't always follow a schedule. Our urgent care team is here to serve as a vital safety net, offering quick evaluations for common pregnancy-related issues like dehydration, minor infections, or seasonal flu. By providing accessible, high-quality care, we aim to reduce maternal stress and ensure that every mother feels supported and empowered throughout her unique journey. Together, we can build a future where every pregnancy is met with the care and attention it deserves.

Martin Luther King Day

While many remember Dr. King for his iconic "I Have a Dream" speech, we reflect on his 1966 address to the Medical Committee for Human Rights, where he famously declared, "Of all the forms of inequality, injustice in health is the most shocking and the most inhuman because it often results in physical death." In his spirit, we view this holiday as a "day on, not a day off," committing ourselves to the mission of health equity and ensuring that every patient, regardless of their background, receives the compassionate care they deserve.

Glaucoma Awareness Month

Your eyes are a window into your overall health, and Glaucoma Awareness Month is a wonderful reminder to prioritize them. We often focus on heart health or fitness, yet our vision is what allows us to enjoy the sunset, read our favorite books, and see the faces of our loved ones. The most encouraging news about glaucoma is that it is a slow-moving condition, giving us a wide "window of opportunity" to intervene. Taking charge of your eye health is an act of self-care that pays dividends for years. This January, celebrate your sight by booking an exam—it's a small investment of time that ensures your future remains as bright and clear as possible.

We provide a wide range of medical services, including pediatric urgent care, sports physicals, in-house laboratory testing, EKGs, flu shots, STD testing, X-rays, injury treatment, COVID-19 testing, flu and strep tests, DOT physicals, occupational medicine, work-related injury care, and much more!